



Macarthur Family & Youth Services



About Us

Our Vision

A community where families and individuals are healthy, safe, self-reliant and socially connected.

Our Purpose

We create opportunities empowering families and individuals to strengthen their capacity to effectively manage their lives.

What's on at MFYS?

Our team at MFYS would love to hear from you if you are interested in attending a program currently on offer.

The Group we are offering for June 2025:

- **123 Magic and Emotion Coaching will be held on:**
 - 4/6/2025
 - 11/6/2025
 - 18/6/2025

123 Magic aims to support parents with strategies in dealing with children's difficult behaviour, by using a signalling system to manage these issues. The program assists parents to develop and manage parental boundaries.

Please see reverse for Location and Time.

Supporting children, young people, families and communities to be the best they can be since 1980.

Phone: 02 4620 4667 between 9am & 5pm - Monday to Friday

Email: admin@mfys.org.au

Website: www.mfys.org.au

You can find us on Facebook.

Our office is located on the land of the Dharawal Nation.

We pay respects to all Aboriginal Elders, past and present, and to the children of today who are the elders of tomorrow.

Thank You For Your Support

MFYS would like to extend special thanks to the following organisations for their continued support:

- **St James Uniting Church** for their kind donations of pantry food.
- **Thread Together & Mother Hubbard's Cupboard** for providing clothing for families in need.
- **GIVIT** for the varied practical support that they provide to the community.
- **Community Pantry** for supporting families with donations of food.
- **Share the Dignity** for their kind donations bags for clients in need.
- **Darrell Lea Chocolate** for providing Easter eggs and chocolate to our clients.

About Us

We would like to welcome Leah, Andrea and Aman into CYF team and welcome back Natalie and Nerida to MFYS.

**WELCOME
TO THE TEAM!**

*Welcome
Back!*



Financial & Problem Gambling Support

MFYS is a not for profit organisation which offers free services to the Campbelltown and Camden communities.

Our Financial Counsellor is a skilled professional who provides advice and support to people struggling with bills, debts and gambling.

The following support can be provided:

- Assessment of your financial situation.
- Assist with budgeting.
- Provide advice about what to do if you're struggling to pay bills and fines.
- Help reduce or stop gambling behaviours.
- Assist you in negotiating with government agencies, your landlord, utilities, telcos and other creditors.
- Assist you if you are being harassed by debt collectors.
- Refer you to other services such as legal, accommodation, health and crisis services.

MFYS is EAPA certified (Energy Account Payment Assistance) and we are an approved WDO (Work and Development Order) sponsor.



Financial Education Sessions In the Community

Our Financial Counsellor regularly holds education sessions both at our MFYS premises and at other venues in the community.

We are proud to be able to offer these valuable information sessions in the Campbelltown and Camden areas.

Contact our office on 4620 4667 to find out more.

GENERAL NEWS



On the 20th of March 2025, MFYS team attended Through Children's Eyes: Changing the Domestic and Family Violence Conference, hosted by Sector Connect in Campbelltown Catholic Club. This conference brought together delegates from all areas of the sector and everyone contributed throughout the day



*Thelma and Louise joined MFYS Team.
Thanks to Natalie and Nerida.*



Community Impact

At MFYS, we regularly receive positive feedback from families who we have supported in the community. We would like to share the following comments from families supported by Greta and Heshmat.

Great JOB!



- **Greta's client:** "You're more than welcome my sister. I also want to remind you not to beat yourself up about the things you couldn't help with. I am glad the ancestors brung us together, I am very appreciative of the support and empowerment you have given me from day dot. You're absolutely magic Greta and I will forever tell the yarns on how you tried to help me, your endless encouragement & empowerment and sticking by myself and not leaving me to hang dry the way others did. I see you and your work & your kind heart & listening ears are muchly appreciated sister, and I seriously can't wait to work with you in the near future".
- **Greta's client:** "Being with Greta has been an absolute pleasure and joy. She has done everything in regards to helping my son and I whether it's from moving into our home or even assisting in activities for my son and I to do in our spare time. I cannot fault this service, all the ladies are exceptional".
- **Heshmat's client:** "Thank you so much for arranging the voucher. You are amazing! "
- **Heshmat's client:** "I am really thankfull to Heshmat for providing his excellent service throughout, he guided me at each and every step in detail and with very calm and professional behavior. I really appreciate and thank you to Mr Heshmat and the whole team."
- **Heshmat's client:** "I was referred to MFYS and I'm so glad I was. I have been getting financial counselling from Mr Heshmat for over a year now. I have been struggling before which I suffered from financial depression. Mr Heshmat constant support conselling has helped me come out of my struggles and has given hope when I was in the verge of giving up. He has made a huge difference to my life. Mr Heshmat has always gone above and beyond and I am forever thankful for his support, kindness & patience and help in making my life better. Mr Heshmat genuine care and well being for me and my family that don't just see Mr Heshmat as my financial couesllor but as father figure".



MFYS Support Statistics

1st of January 2025 to 30 April 2025

Case summary breakdown information for the period:

- New Family Numbers: 180

Major support areas during this period included:

- Financial difficulties: 109 cases.
- Mental Health: 65 cases
- Self Esteem/Confidence: 43 cases
- Behaviour issues: 25 cases
- Housing: 23 cases
- Isolation: 19 cases
- School/Educational: 19 cases
- Parental Separation: 18 cases
- Domestic Violence: 15 cases
- Other: 49 cases



Age of client - Largest age group:

- Between 26-35 years old: 52
- Between 36-45 years old: 52
- Between 46-55 years old: 27
- 65 years old and up: 25
- Between 19-25 years old: 24
- Between 56-65 years old: 15
- Between 15-18 years old: 4

Total number: 199

Incoming Referral Sources of New Families:

- Self: 107
- Health: 52
- Community: 12
- Other: 23

Country of Birth of New Families:

- Australia: 84
- Not Stated: 18
- Iraq: 14
- Other: 78

We are proud to have provided this support in our community.

CELEBRATIONS



BACK TO
School



Types of Support Provided by MFYS

MFYS is a not for profit organisation which offers free, early intervention case management support services to the Campbelltown and Camden communities.

We can come to your home or wherever you feel safe. Alternatively, you can visit us at the office.

Types of support include:

- Parenting courses
- Parenting skills and managing behaviours
- Problem solving
- Mental Health, wellbeing and self care
- Housing issues
- Household routines
- Family relationships
- Schooling issues
- Financial & problem gambling counselling
- Other group facilitation.

Visit our website, or contact our Admin Team for more Information.

Phone: 02 4620 4667

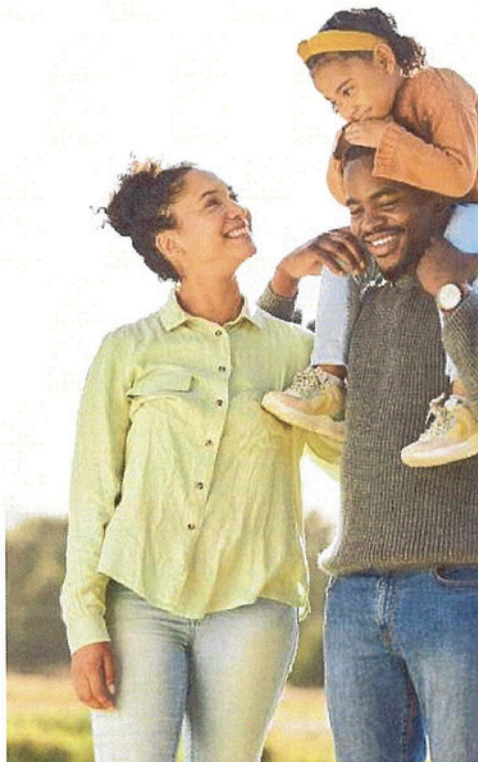
Confidentiality

This service is confidential except for some specific circumstances including where a child or young person is deemed at risk of harm.

Your records will be securely kept.



1-2-3 MAGIC & EMOTION COACHING- PARENTING COURSE



Join our free three-session program designed for parents and caregivers of children aged 2-12 years. This program is focused on empowering you with practical tools to:

- Encourage cooperation and positive engagement from your child
- Help your child build resilience and manage frustration
- Set clear and consistent expectations
- Respond to challenging behaviours with greater calm and confidence

Free Course

BOOKINGS ARE ESSENTIAL

P: 02 4620 4667

E: admin@mfys.org.au

WHEN?

Session 1:

Wednesday 4/6/2025

10- 11:30am

Session 2:

Wednesday 11/6/2025

10- 11:30am

Session 3:

Wednesday 18/6/2025

10- 11:30am

Facilitators: Anna & Leah

LOCATION

16 King Street
Campbelltown
NSW 2560

